

I'M HUNGRY!!! WHAT'S IN THE REFRIGERATOR TO EAT???

Entry Level Challenge

1. What's way in the back of the refrigerator? It's a U.F.O!! In your refrigerator! We all have them Foiled Objects! You know, that stuff that used to be food, but now...well, who knows! Your job is to identify what is in the foil, and what else you can do with it...besides picking it up with long tongs and taking it to the outside trash. Be as outrageous and creative as possible...NO common answers allowed! You have one minute to think and two minutes to respond. To inspire you, pass around a ball of aluminum foil. You may only answer when you are holding the foil ball.

(Coaches: This is the kind of challenge where the team can be as open-ended as possible, however, it is also a good way to introduce the concepts of what is an acceptable, outrageous answer, and what would be called 'inappropriate' by a spontaneous judge. If your team comes up with answers that are inappropriate, use them as a teaching tool and have the entire team brainstorm a more appropriate way to say the same outrageous thing. Remember, when you critique the team, to do so in a way that always allows the positive to shine through.)

2. Reggie's Veggies!

Hey, I see you poking around in my refrigerator!! That's OK, every DI Ner knows that you can't start a team meeting without having a snack first, especially if you just got home from school. You can't do your best brainstorming if what you are really thinking about is your growling stomach. How about a healthy snack? I grew everything in my "Reggie's Veggie's" garden that is in that Veggie drawer. Would it surprise you that none of my vegetables are the 'normal' garden variety type?? What kind of vegetables do you think an Instant Challenge captain might grow? Your challenge: Going in turn, the first person must think of the 'name' of the vegetable and the next person must describe what it is and how it tastes. The next team member must say how it is to be eaten, then start again with the next team member naming a vegetable. You have one minute to think and three minutes to respond.

Variation

1. Now that you have created various 'Veggies,' your team has to create the recipes to use them!
2. Flip through a few magazines and cut out pictures of 'normal' vegetables. Your challenge is to create new names for the veggies.

Advanced Level Challenge

1. Have some fun with foil. Each team member will receive a 12" x 20" piece of aluminum foil. The team has one minute to think of an environment. For example: A zoo. A circus. (Please try to think of something that is not as boring as my examples!) Each team member must create a member of their environment. You will have three minutes and may talk to each other during this time. Your team will now have two minutes to present an improvisation of the interaction between your foil creations. You will be scored 1-15 points for your choice of environment, 1-10 for the creativity of each foil creation and 1-25 points for your team's

improvisation. Your team will additionally receive 1-10 points for how well you work together as a team.

(Coaches: Improvisation is a wonderful training tool for getting teams ready for instant challenges. When your team is working on other projects, having a snack, or simply playing around, have them do Improv to tell you about their day, tell you what it was like on the bus this morning, or what lunch is really like in the school cafeteria!)